



The Heritage

Heritage Chapter Bluebills
Boeing Retiree Volunteer Newsletter

May 2020

WWW.BLUEBILLS.ORG

VOLUME 26 ISSUE 5



Co-Chairman's Report - May, 2020

"In Quarantine and On My Soap Box"

Please take a minute and look back on your life. A lot of us were born in the 1929-1946 timeframe. Remember the hardships our parents went through - the Great Depression and then World War II?

The American citizens had just gone through the Depression and many lost everything they had worked so hard for; then the war started. There was rationing of scarce products due to the need for them by the troops who were fighting to save our country. You were allotted only so much gasoline and had to have your "gas coupons" to purchase it. Food was in short supply and again you needed your ration coupons to get the essentials to keep your family fed; sometimes it wasn't enough to do the job but they managed. Many more military were killed in the war than have been lost with this Coronavirus but we recovered from those events.

Toilet paper? Did this virus cause diarrhea? Paper towels? You can't do the laundry anymore? We washed cloth diapers, used alternatives for toilet paper, and walked where we needed to go. What is wrong with the world today when you have two (maybe more) children and you cannot stand to be at home with them all day? They are driving you up the walls. If you look back over these intervening years you did not encounter the hoarding that has been going on or complaints about responsibilities for family members.

I guess that is what this new technology is all about. If it can't be on a computer or you can't have everything delivered to your door then complain to the government to provide your needs or form a protest group. Uncle Sam: "Bail Me Out".

I know a lot of people will disagree with what I've said but I guess that also is the new way of life! What's 2040 and beyond going to be? I won't be here to find out but I still worry about our grandchildren.

Peace, good health and happiness to all of you.

Richard Vaughn

From: Rachel Peterson, Bluebills' Boeing Representative
To: Bluebills
Subject: Spring 2020 Update

"I hope this email finds you well and healthy. In these uncertain and challenging times community is more important than ever, and we at The Boeing Company are working hard to do our part and support those in need. Thank you for all your work with Boeing and legacy companies – you laid a strong foundation for us to build upon. If you have any questions please do not hesitate to reach out.

Best, *Rachel*"

From Your Editor

DUE TO BUDGET CONSTRAINTS THE HERITAGE CHAPTER NEWSLETTER WILL NO LONGER BE PRINTED AND MAILED TO ALL CHAPTER MEMBERS. WE ASK THAT YOU SEND US YOUR EMAIL ADDRESS AND WE WILL SEND YOU A NOTICE AND LINK EACH MONTH TO VIEW, READ AND/OR PRINT THE CURRENT NEWSLETTER.

PLEASE SEND YOUR EMAIL ADDRESS TO:

BBEDITOR@LIVE.COM

Chapter News

The COVID-19 pandemic has created a challenging time for Bluebills'. With the shut-down of many businesses and non-essential activity we have been forced to make many changes in our lives. The monthly Heritage Chapter meetings have been postponed, volunteer services and social activities with friends and family have been curtailed. This month's Heritage Newsletter reflects on some of the many ways our members are coping and volunteering in these uncertain times.



We were able to take a trip to Longbeach, WA in March when the weather was nice and enjoyed several days before the Governor ordered a shutdown of non-essential activities and services. All the restaurants closed except for some take out and resort amenities were shuttered, while we were there, fortunately we still enjoy the area walking the kite on the beach and the parks and nature wildlife areas before they to were closed. The drive to and from home was very nice with very little traffic. It was like the 50's and 60's, you could relax and enjoy the scenery along the way.

We were well prepared before we left and after returning home, we only had to go shopping twice in the last 6 weeks. We live on a closed cul-de-sac with about 30 homes and little traffic so neighbors walk their dogs and visit with one another maintaining social distancing. We have been busy catching up on home projects, tilled the garden, and started planting some of the vegetables. Flowers are blooming and we are now spreading beauty bark in and around the flowers.

For exercise our AOA instructor at the Y has set up classes 3 days a week on Zoom for the members. Being Square Dancers, we miss the weekly dances and socializing with our friends. Dick has hosted meetings for our dance club on Zoom. We share weekly updates via a weekly newsletter, and enjoy two-person virtual square dancing via the internet. Here's one way a square dancer passed the time away from the dance floor – click on the link to view “Creative square dancing in COVID times.” <https://www.facebook.com/743128445/posts/10158106016198446/>

Until we are able to gather again – stay safe and stay healthy. *Dick & Earlene*



"Say, Pooh, why aren't you busy?" I said.
 "Because it's a nice day," said Pooh.
 "Yes, but ---"
 "Why ruin it?" he said.
 "But you could be doing something Important," I said.
 "I am," said Pooh.
 "Oh? Doing what?"
 "Listening," he said.
 "Listening to what?"
 "To the birds. And that squirrel over there."
 "What are they saying?" I asked.
 "That it's a nice day," said Pooh.
 "But you know that already," I said.
 "Yes, but it's always good to hear that somebody else thinks so, too," he replied.

- From the Tao of Pooh by Benjamin Hoff



Karen and I moved to a 55 and over community called Trilogy in Bonney Lake last fall and like it very much. There are many miles of walking trails thru the woods that we try to use everyday and enjoy very much. It is a good way to get exercise and still maintain social distance.

I belong to a men's luncheon club that meets once a month either at our lodge or a restaurant in the area. But now of course we can't meet so I suggested we collect the money we would have spent on lunches and donate to the Bonney Lake food bank. Our leader thought that was a good idea and we think for the first two months that will generate about \$1000.

Four of my siblings and I started communicating once a week by zoom. This was new to some of us and we are still dealing with technical bugs but enjoy it very much. The plan is to continue for about half an hour same time every week. The first week went well because some of us had not communicated for some time so there was a lot to talk about. Maybe in time we will get bored with it or have to develop subject matter for each session. Or we may end arguing. We shall see, but is nice for now.

One of our neighbors suggested when the distancing rule started that each day at five 5 PM we all come out to our front yard and wave and visit at a proper distance. That has worked very well. As I mentioned we are new to the neighborhood so didn't know the neighbors very well. Not everybody comes out but the ones that do are out for up to half an hour.. As a result we have got to know some of neighbors much better in a very short time. There are enough different ones each time that we find plenty to talk about. We keep the group to about 10 or under and observe proper distance. One of the nice features we have is we are on a cul de sac of a quiet street so it works very well. *Bill & Karen*

For all who contributed to the memorial for Fran Parker, a ‘Star on the USONW SeaTac Center’s Wall of Stars’, Thank you so much.

The Star has been ordered. When the world finally re-opens , allowing USONW to serve our awesome military again, a ‘star party’ notification will be sent out for anyone who wants to attend. That is when we and/or family members actually mount the star on the wall.

Stay tuned.

This shut-down nonsense will not last forever.
Thank God for our United States Military.

Sincerely,
Lonnie Stevenson



Heinz and Lonnie were scheduled to move into our new digs at Judson Park Retirement Community on April 03. We are still at our homes, continuing to use the extra time for more downsizing options as well as getting our properties sale ready.

In the meantime, **Hot Date Weekends** consist of driving adventures, eating good food and just hangin’ out together. Some examples:

We did a ‘Glider check’ at Arlington Airport. Drove to Gig Harbor and then took all kinds of back roads to the Southworth to Fauntleroy Ferry to get back home. Heinz always is into exploring back roads somewhere. Very fun, relaxing and stress erasing.

Lots of favorite restaurants have take out which we bring back to my house to dine in and watch the sunsets. In order to survive a national lockdown, ya gotta have a positive attitude about something, anything, all things. Look at the spring flowers, watch the new green leaves materialize before your eyes. Study cloud formations, especially at sunset time. Savor the sunshine, welcome the rain to settle the dust on everything.

Send emails to every one you know. Or Facebook everyone you know. I have discovered PBS KBTC CH 12, 9 am Mon – Fri . . . **Sit and Be Fit**. Only 25 minutes of ways to stretch and keep moving. Very cool.

Just remember, **this too shall pass !**

That’s what we have been up to. *Heinz and Lonnie*



Greetings from quarantine in Southwest Bellevue. Last time in my comments I talked to everybody about the new normal but this was not what I was talking about. This is the new abnormal. Who asked for this?

But don’t forget this is National Volunteer Month, in fact this is National Volunteer Week (April 19-25). So take a minute out of your busy day and pat yourself on the back and say “Great job.” You didn’t stop volunteering did you?

I have no elementary schools or the USO to volunteer at but most of my other groups are meeting on Zoom. I’ve got to keep my computer going with seven different Zoom meeting schedules (4 Boy Scout and 3 Veteran) and today I just got two more Boy Scout boards to put on my calendar. And also three phone calling lists (2

(Continued on page 5)

Boy Scout and 1 Veteran) to complete. With the VFW we have also just coordinated selecting the Scout of the Year for the state. The virus quarantine gave me the time to do all of this.

Obviously, the three Musketeers are not going to be able to meet to plan next steps in the manner I stated in my last comments. Looks like we may have to join the Zoom meeting generation.

We can still be connecting and/or reconnecting with all in our Boeing Bluebill community. Keep getting people to update their contact information with the Bluebills office.

As we wait for the Governor to set us free, we can be thinking about what we want our next steps to look like. When we can have a meeting at the Renton VFW Hall we need to be ready for our next steps. All your input will be needed to determine the future of our Bluebill Heritage Chapter. All suggestions should be evaluated to help in the decisions that will have to be made.

For now, keep your supply of toilet paper stocked, your soap and water close at hand and a big smile on your face (under that medical mask). *Doug*



How I am spending my stay at home time. I spend a lot of time in my sewing room. So far I have made 6 quilts of assorted sizes. 49 medical dolls, a bag of stuffed animals, mostly cats and two fabric wall hangings.

I order groceries on line and pick them up or have them delivered. I do miss going to the store but I'm grateful this is available. Amazon is a really good friend and we spend a lot of time together!

For exercise I ride my recumbent bike and work out with a program on my computer called the Daily DosePD .This is an exercise program for people with Parkinson's Disease.

For communication my children and sisters and brother and I keep in touch regularly by phone or text.

For my children, I have been writing my life story and have finished that, even though I'm still here. I ended it saying the coronavirus is here. They will know what happens next. It's been a fun project, remembering the past and reliving some of it in my thoughts. *Janice*

This is from Cindy Holm, the newest Busy B.

With my husband's and son's help we have made a total of 376 masks.

176 to be handed out to Renton seniors with lunches in early April.

40 for Renton employees.

65 for a doctor's office in Nebraska.

The remaining for family and friends.

Please continue to submit your volunteer hours to BLUEBILLS@BOEING.COM !



We live in an independent part of Wesley Lea Hill, 20 duplexes and 2 single homes called village homes. We are spaced a bit apart so it makes it hard to gather anywhere. So, here are a few of the things we have done:

- Every morning we send an email to our group (3 groups) just to say hi and I'm OK. Sometimes we add things like attending Bible study via Zoom, doing some yard work or now its laundry day.
- About once a week we do a "walk about" at 2:00 pm. Everyone can go in any direction and expect to see someone to wave to and say hello.
- On Easter Sunday, we had an Easter parade with each person wearing an Easter or some kind of hat, walking around the campus at 6 ft. apart. When passing other homes and apartments in the lodge, some folks cheered us on, waving and some even wearing Easter hats too.

Yesterday the Chef and some staff folks drove around passing out 3 different kinds of ice cream. Another chance to see folks, wave and have some discussion at a distance.

So far, we are doing OK even with lots of togetherness time. We all wear masks made by some of the quilters at the lodge. Also gloves when picking up groceries at Fred Meyer. That curb side pickup is good. Only several items are substituted but all in all a good deal.

Hope you and your wife are doing OK also. Stay healthy, stay safe. *Martha Battles*

Note: Martha publishes the Wesley resident council newsletter bi-monthly. The following are excerpts from that publication.



PRAYER FOR A PANDEMIC

May we who are merely inconvenienced,
Remember those whose lives are at stake.
May we who have no risk factors,
Remember those most vulnerable.
May we who have the luxury of working from home,
Remember those who must choose between preserving their health and making their rent.
May we who have the flexibility to care for our children when their schools close,





From *Jim (Milton) Orzechowski*

- Helping a shut-in by getting her groceries and putting all away, beside bringing her mail in.
- Sharing our everyday newspaper with our neighbor and sharing treats.
- Take walks around our neighborhood.
- NO snow to shovel, yeh, yeh!!!
- Watching OLD sports from way back due to COVID-19.
- Wash floors, dust, and vacuuming. Oh, my BACK.
- Only staying home to keep healthy like H E R M ITS.

You all stay HOME and Healthy.
God Bless all of you!!!

History repeats itself. Came across this poem written in 1869, reprinted during 1919 Pandemic.

This is Timeless....

And people stayed at home
And read books
And listened
And they rested
And did exercises
And made art and played
And learned new ways of being
And stopped and listened
More deeply
Someone meditated, someone prayed
Someone met their shadow
And people began to think differently
And people healed.
And in the absence of people who
Lived in ignorant ways
Dangerous, meaningless and heartless,
The earth also began to heal
And when the danger ended and
People found themselves
They grieved for the dead
And made new choices
And dreamed of new visions
And created new ways of living
And completely healed the earth
Just as they were healed.





Jim

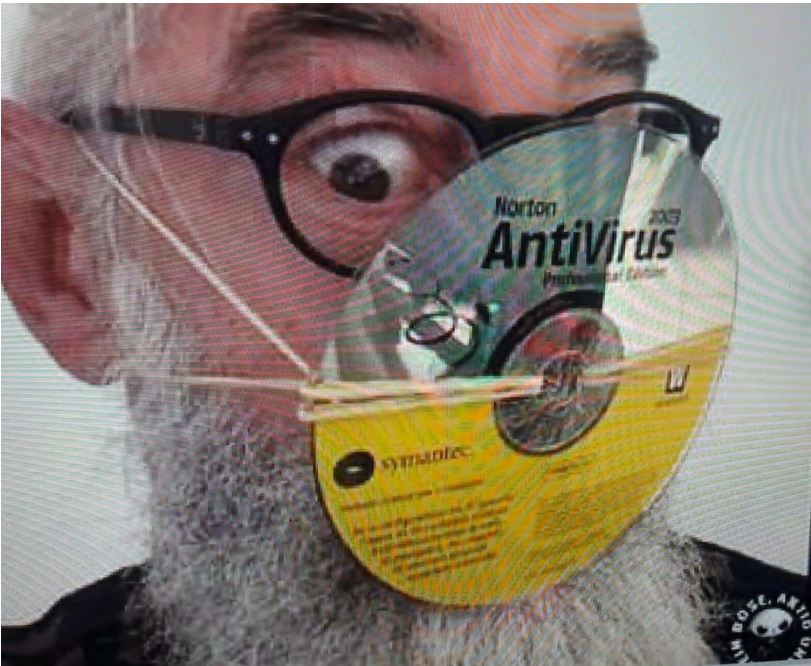
It was a quiet Monday morning in September, 2053 when Zac got up to use the bathroom. To Zac, this wasn't just an ordinary day. This was the day he would open the last pack of toilet paper his parents bought in 2020.



These DIY Face Masks Are Amazing - But, Probably Not Very Effective

As researchers continue to study coronavirus and how it spreads, they are learning that many people who are infected with it are contagious even if they don't show any symptoms. For that reason, the Centers for Disease Control and Prevention are recommending that everyone use cloth face coverings when they go into the public for essential activities.

While most people are choosing to just use a scarf, others have taken a different route. Perhaps they couldn't find a scarf.



made my own mask

News Release
SOCIAL SECURITY

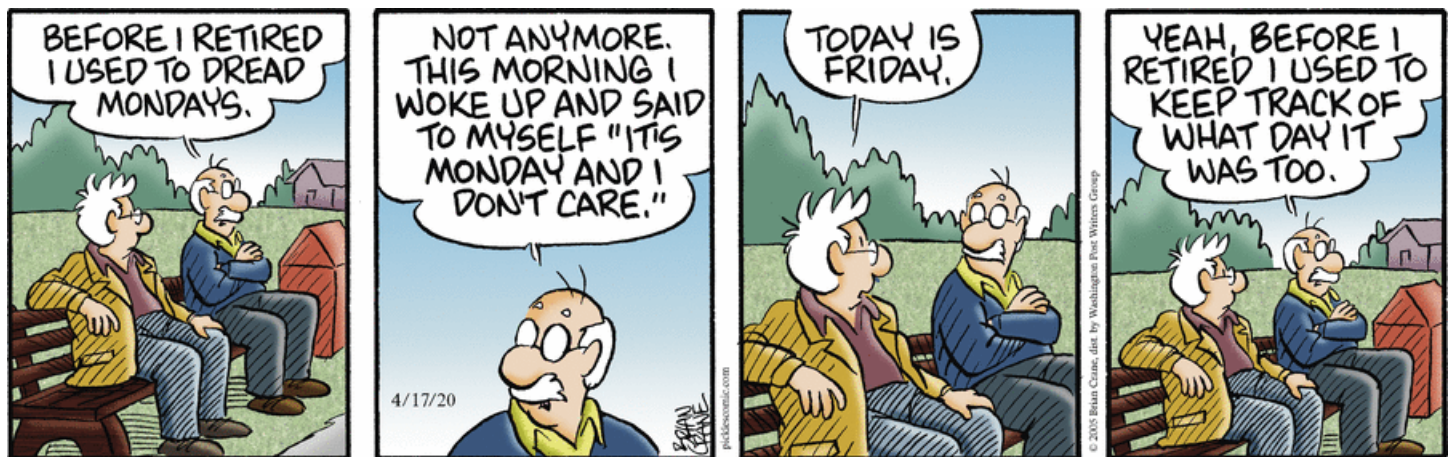
Update on Social Security Offices from Andrew Saul, Commissioner of Social Security

“Earlier this week, The White House issued national guidance regarding Opening Up America Again. We are evaluating this information as it relates to our agency and are continuing to closely monitor the COVID-19 situation across the nation. In fulfilling Social Security’s mission, when we reopen offices to the public, we will provide a safe environment for both the people we serve and our employees.

As we continue to develop our plans, our offices will remain closed to the public for face-to-face service, and our employees will continue to work remotely and provide services to the public. We will provide updates moving forward and post updated information on the status of our offices, by state, at www.socialsecurity.gov/coronavirus. Our agency will provide these updates directly, and please disregard other sources of information regarding the status of our offices.

We will continue to provide the vital service the public relies on. Please visit www.socialsecurity.gov/coronavirus for more information about our services during the pandemic.”

To get more Social Security news, follow the Press Office on Twitter [@SSAPress](https://twitter.com/SSAPress).



Seeking E-mail addresses!

Greetings Bluebills! We would like to start communicating to you using e-mail. But – we don’t have everyone’s e-mail addresses! If you would like to use e-mail let us know what yours is, please send to lindahouser@comcast.net. **THANK YOU!** *Linda Houser*



Calendar of Events 2020

Jan 9	Heritage Leadership Meeting
Jan 31	Chapter Monthly Meeting
Feb 13	Heritage Leadership Meeting
Feb 28	Chapter Monthly Meeting
Mar 11	Heritage Leadership Meeting
Mar 27	Chapter Monthly Meeting
Apr 24	Chapter Monthly Meeting
May 29	Chapter Monthly Meeting (Potluck)
Jun 10	Heritage Leadership Meeting
Jun 26	Chapter Monthly Meeting
Jul 31	Chapter Monthly Meeting
Aug 28	Chapter Picnic
Sep (TBD)	Heritage Leadership Meeting
Sept 25	Chapter Monthly Meeting
Oct 30	Chapter Monthly Meeting
Nov 20	Chapter Monthly Meeting & Pizza Party
Dec (TBD)	Heritage Leadership Meeting
Dec 18	Chapter Monthly Meeting (Potluck)

Food Bank Schedule For 2019

Cash donations collected at each monthly meeting to be given to a different food bank each month.

January	Highline	Heinz Gehlhaar
February	Bellevue	Doug Hoople
March	Federal Way	Lonnie Stevenson
April	Maple Valley	Vaughn's
May	Kent	Melinda Stubbs
June	Auburn	Martha Battles
July	West Seattle	Heinz Gehlhaar
August	Tacoma	Ted & Judy Leyden
September	Renton	Eleanor Skinner
October	White Center	Heinz Gehlhaar
November	Des Moines	Lonnie Stevenson
December	Issaquah	Eleanor Skinner

Bluebills - Heritage Chapter
PO Box 3707 M/C 1K-B02
Seattle, WA 98124
(206) 544-6286

e-mail: bluebills@boeing.com

Web Site: www.bluebills.org

Richard Vaughn Vice-Chairman
rhvaughn32@msn.com

Don Hilt Vice-Chairman
dphilt1980@aol.com

Doug Hoople Vice-Chairman
ddhoople@earthlink.net

(Open) Agency Relations/
 Volunteer Coordinator
bluebills@boeing.com

Lonnie Stevenson Public Relations
icebear01@comcast.net

Norma Vaughn Office Manager
abbyrose00@msn.com

Mary Ulibarri Community Outreach
marybarri@centurylink.net

(Open) Education
bluebills@boeing.com

Marcia Phelps Historian
mlp14331@hotmail.com

Dick Beham Computers
bluebills@boeing.com

Dick Beham Newsletter—Webmaster
bbbeditor@live.com

Mary Ulibarri Newsletter Co-Editor
marybarri@centurylink.net

Janice Hawes Busy B's
j.s.hawes@comcast.net

Jim Beasley Speaker Coordinator
jimcarlab@hotmail.com

Fran Parker School Supplies for Children
parker33@q.com

**Don't Forget to
 Report Your Hours!**

Bluebills Heritage Chapter Meeting

“MEETINGS SUSPENDED DUE TO COVID-19”

WE WILL POST A NOTICE IN NEWSLETTER AND ON THE WEB AT BLUE-BILLS.ORG WHEN THEY RESUME

10:00 AM Social, 10:30—12:00N Meeting

VFW Post 1263 Renton

Website: vfw1263.org

- Address: 416 Burnett Ave S, Renton, WA 98057

Phone: (425) 255-9010

Please Note:

The Bluebills monthly meetings are held at the VFW Post 1263, 416 Burnett Ave South, Renton, WA. Parking is available in the lot immediately across the street from the VFW.

Bluebills Monthly Volunteer Hours

Volunteer Name _____

Phone Number _____

_____ Hours worked _____ For _____
(month/year) (agency name)

_____ Hours worked _____ For _____
(month/year) (agency name)

_____ Hours worked _____ For _____
(month/year) (agency name)

Please send completed hours form to Bluebills, PO Box 3707 1K-B02, Seattle, WA 98124
Email to bluebills@boeing.com or bring to Bluebills monthly meeting